



C U Y A H O G A C O U N T Y  
**Board of Developmental Disabilities**

## ***Volunteer and be a friend.***

### **Who: You!**

We all want to belong, yet people with intellectual and developmental disabilities (I/DD) have less opportunities for social interaction and can feel more isolated. Bridge the gap and help people with I/DD find a place in their community.

**What:** Volunteers are matched with a person with I/DD and attend outings based on common interests - examples could be going out to lunch or dinner, going to a sporting event, taking a class or going to a museum or festival. Groups keep the cost to \$10-\$15 per outing. Providing a ride for the person you are matched with is one more way you can be of service.

**When:** Evenings or weekends. Three to four hours once a month for a one year commitment. Many of our volunteers have enjoyed the friendships they've made and have continued volunteering long beyond that first year.

**Where:** In the community where you live.

**Why:** Satisfy yourself by helping others.  
Meet new people.  
Empower others.

**How:** Call us or send an email to learn more!  
Contact Bill Mayville  
Phone: 216.736.2680  
[Mayville.William@CuyahogaBDD.org](mailto:Mayville.William@CuyahogaBDD.org)

*A friend is one of  
the nicest things  
you can have,  
and one of the  
best things you  
can be.*  
~Douglas Pagels

*Our mission is to  
support and  
empower people  
with developmental  
disabilities  
to live, learn, work  
and play in the  
community.*

**Please join us!**  
More than 400 people  
volunteered nearly  
14,000 hours to the  
**Cuyahoga County  
Board of  
Developmental  
Disabilities**  
last year.

Interested individuals must be at least 14 years old and complete our volunteer application process which includes an interview and orientation along with a background and criminal records check. Volunteers are also required to participate in a defensive driving training which can be accomplished in 1 hour in the comfort of your own home.

Visit our website at [www.CuyahogaBDD.org](http://www.CuyahogaBDD.org)