

AFRICAN AMERICAN SOCIETY  
PRESENTS

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# EBONY BALL WEEK 2024

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APRIL 19-23

ENTER FOR A CHANCE  
TO WIN AN AMAZON  
GIFT CARD OR GOODIE  
BAG !!

SWIPE TO SEE WHAT  
WE HAVE PLANNED  
FOR EACH DAY OF  
THE WEEK!

# VIRTUAL SCAVENGER HUNT

SHARE A PIC FROM THE LIST  
FOR A CHANCE TO WIN A GIFT CARD!

'H O M E'

B F F

H O W Y O U D E S T R E S S

F A V O R I T E O U T F I T

Y O U R H A P P Y P L A C E

F A V O R I T E Q U O T E

R O L E M O D E L

F A V O R I T E M E A L

# M O N D A Y



# SELF-CARE DAY!

WATCH OUR INSTAGRAM  
STORY FOR TIPS + ADVICE  
FROM OUR EXEC ON  
DESTRESSING!

TUESDAY



# QUIET DAY

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TAKE CARE OF YOURSELF :)



WEDNESDAY

# ZOOM YOGA

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Zoom Code: 958 2408 3524

Password: 825864

5-6 pm

THURSDAY

# EBONY BALL

GUEST SPEAKERS

CALLIE FLONNOY, SAMANTHA HUNT, AND  
CAITIE SHRIMP



ZOOM LINK 938 4140 9426

PASSWORD 354003

F R I D A Y   7 P M